



AMERICAN SOCIETY OF  
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Pensacola Chapter

Welcome to December 12<sup>th</sup> Meeting

# Safety Management Systems: What, Who, How ... and more!

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## **A FEW THINGS UPFRONT**

- SHMS = Health and Safety Management Systems
- Zed10 = Zee10
- Takeaway document coming your way at the end
- No VPP



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## **QUESTIONS TO BE ANSWERED**

- What's a SHMS?
- Why would I want to adopt one?
- How many are there to choose from?
- Can you tell me more about each of them to help me decide?
- Have you got any takeaways and tid bits for me?



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## WHAT'S A SHMS?

A framework

... that provides a systemic method / systematic approach  
... to managing workplace health and safety

- Focuses on the ~~outcome~~ processes
- Is all about the ~~what~~ how
- Requires a shift in mindset



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## **CHARACTERISTICS OF SHMS (1/2)**

- Dynamic, living, breathing, always evolving
- Emphasizes worker participation
  - They provide perspective and expertise
- Not prescriptive in nature
  - Compliance = What
  - SHMS = How things need to be
- Fosters proactive approaches to “finding and fixing”



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## CHARACTERISTICS OF SHMS (2/2)

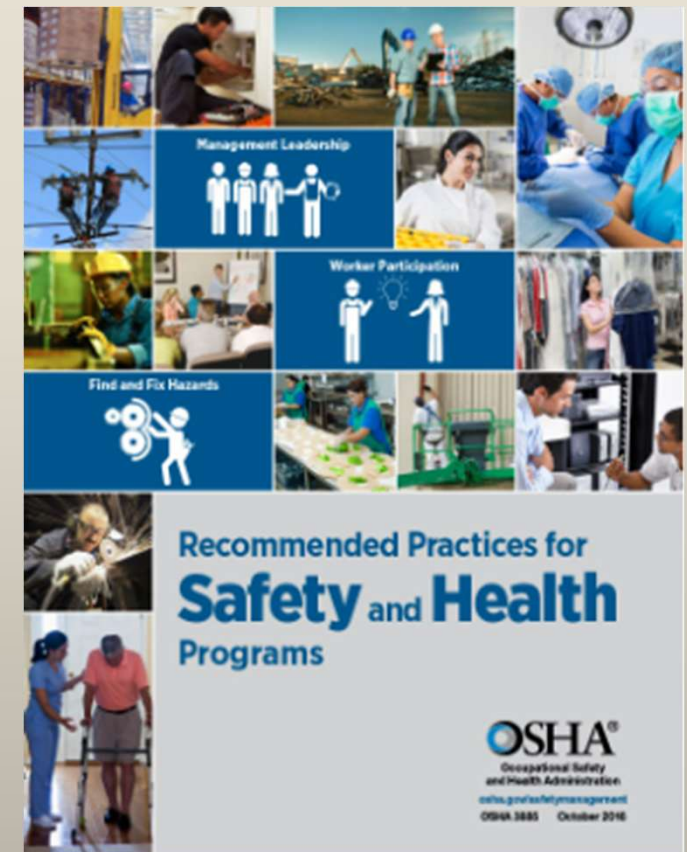
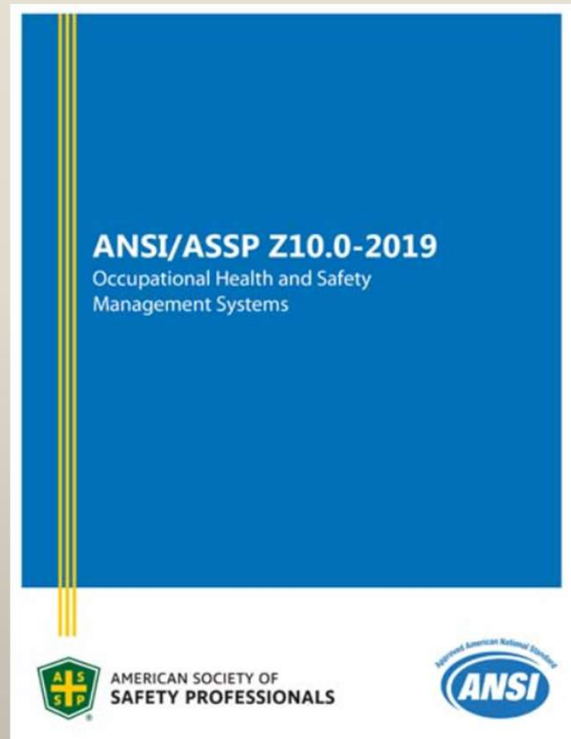
- Addresses complex interactions
  - The Workers → The Work → The Workplace → The Workers etc.
- Everything is related and / or interdependent
  - Success 'here', means wins 'there' ... and the opposite rings true
- You can start anywhere!
- Promotes continuous improvement *(can you spell PDCA?)*



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# SHMS FOR THE USA (1/2)





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## **SHMS FOR THE USA (2/2)**

- All are voluntary standards
  - Above and beyond regs, codes
  - No law says you have to → It's a choice to adopt
  - +1 effort (*yay you!*)
- ISO 45001 and Z10 are consensus standards
  - Technical experts + Interested parties = Review committee
  - Strict rules around creation, review, committee formation etc.





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## **BENEFITS OF SHMS (1/3)**

- Minimizes workplace risks
- Reduces the occurrence (and cost!) of injuries, illnesses, and fatalities
- Promotes continual improvement
  - Continual = Overall improvement, allows for breaks / setbacks
  - Continuous = Constant, always positive
  - Incorporates other SHMS elements into the journey



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## **BENEFITS OF SHMS (2/3)**

- Integration of health and safety into the business
  - Increases acceptance, allows use of previous processes
- Ensures consideration of both internal and external factors
- Facilitates teamwork and ~~sole~~ organizational performance
- Can improve overall business performance



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## **BENEFITS OF SHMS (3/3)**

- Consistency in approach within the organization
  - Protection from personnel movements, other changes
- Consistency in approach between organizations
  - Think multi-employer worksites, varying organizational sizes
- Provides common ground for understanding



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## **SHMS DEEP DIVE - OSHA RECOMMENDED PRACTICES (1/4)**

Certification – Cannot certify

Access – All resources are free

Scope – No restrictions

Inception – Published 1989. No review or revision.



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## **SHMS DEEP DIVE - OSHA RECOMMENDED PRACTICES (2/4)**

### Audience – Beginner

- New to structured approaches to health and safety
- Small to medium business with no designated “safety pro” *(that’s you!)*

### Content – Seven elements

- Management leadership
- Hazard identification & assessment
- Education & training
- Communication and coordination for employers on multiemployer worksites
- Worker participation
- Hazard prevention and control
- Program evaluation and improvement



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## **SHMS DEEP DIVE - OSHA RECOMMENDED PRACTICES (3/4)**

Compulsory Requirements – None

Accompanying Documentation – Plentiful *(and all free!)*

- More information about the core elements
- Case studies
- Additional resources by topic or core elements
- Comparison to other voluntary standards
- Guide for Construction



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## **SHMS DEEP DIVE - OSHA RECOMMENDED PRACTICES (4/4)**

### Other Information

- Can be used as a 'check-in' or calibration tool
- Contents could help educate workers, management, clients
- Guidance is given for every action item
- Leads with 10 basic steps to form basis for the actions ahead
  - Set safety and health as a top priority
  - Implement a reporting system
  - Conduct inspections
  - Implement hazard controls
  - Seek input on workplace changes
  - Lead by example
  - Provide training
  - Collect hazard control ideas
  - Address emergencies
  - Make improvements



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## **SHMS DEEP DIVE - Z10 (1/5)**

Certification – Cannot certify

Access – Mixture of free and paid

Scope – No restrictions

Inception – 1<sup>st</sup> published in 2005

- Revised in 2012
- Significantly revised in 2019
- Affirmed in 2017
- Currently under revision





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## **SHMS DEEP DIVE - Z10 (2/5)**

### Audience – Intermediate

- Medium sized enterprise and up
- Maybe a very mature small organization
- Style and nature of language is almost international standard
- Asks (waaay!) more of an organization than OSHA's RCs

### Content

- Informative foreword
- References
- Scope, purpose and application
- Definitions



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## **SHMS DEEP DIVE - Z10 (3/5)**

### Content cont..

- 7 Elements
  - Context of the Organization – Strategic Considerations
  - Management Leadership and Worker Participation
  - Planning
  - Support
  - Implementation and Operation
  - Evaluation and Corrective Action
  - Management Review
- Annex A, Annex B, Bibliography



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## **SHMS DEEP DIVE - Z10 (4/5)**

### Compulsory Requirements

- Mixture of compulsory and suggestions / recommendations
- Shall vs Should
- Some requirements may have notes for additional insight

### Accompanying Documentation

- Guidance and Implementation Manual for ASSP/ANSI Z10 (\$)
- Guidance Manual: Keep Your People Safe in Smaller Organizations
- ASSP Z10 landing page



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## **SHMS DEEP DIVE - Z10 (5/5)**

### Other Information

- Z10 is US TAG default
- ANSI standard + ASSP secretariat = ANSI/ASSP Z10
- Committee members represent an organization
- Highly recommend the small business guide (!!)



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## **SHMS DEEP DIVE – ISO 45001 (1/6)**

### **Certification – Yes**

- Do your own internal audit before external certifying bodies visit
- Three-year cycle
  - Certification and then two surveillance audits

### **Access – All documents are paid access**

### **Scope – Restrictions apply**

- Sites are certified to the standard
- Full organizational certification → sample of sites



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## **SHMS DEEP DIVE – ISO 45001 (2/6)**

Inception – 1<sup>st</sup> published in 2018 *(yay!)*

- Too early to consider next revision previously
- Currently under revision

Audience – Advanced

- More requirements than Z10
- Uses Annex SL language
- Could still be obtained from scratch



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## **SHMS DEEP DIVE – ISO 45001 (3/6)**

### Content

- Foreword & Introduction
- Normative References
- 7 Elements
  - Context of the Organization
  - Leadership and Worker Participation
  - Planning
  - Support
  - Operation
  - Performance Evaluation
  - Improvement
- Annex A, Bibliography
- Scope
- Terms and Definitions



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## **SHMS DEEP DIVE – ISO 45001 (4/6)**

### Compulsory Requirements

- Mixture of compulsory and suggestions / recommendations
- Shall vs Should
- Some requirements may have notes for additional insight

### Accompanying Documentation *(all \$)*

- Other ISO Standards that compliment
  - ISO 19011 – Guidelines for auditing management systems
  - ISO 31001 – Risk management guidelines
- Implementation guide for small businesses





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## **SHMS DEEP DIVE – ISO 45001 (5/6)**

### Accompanying Documentation cont...

- ISO 45000 series
  - ISO 45002 – General guidelines for implementation of ISO 45001
  - ISO 45003 – Psychological health and safety management, Guidelines for managing psychosocial risks
  - ISO 45004 – Occupational health and safety management, Guidelines on performance evaluation
  - ISO 45006 – Guidelines for Organizations on preventing, controlling, and managing infectious diseases
  - And more in development...



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## **SHMS DEEP DIVE – ISO 45001 (6/6)**

### Other Information

- First international mgmt. systems standard for health and safety
  - OHSAS was published by British Standards Institute
  - ISO = International Standards Organization
  - Contributors are ISO member countries
- You don't need to certify
  - Alignment with → All steps except the final external certification audit
  - Cost / return on investment
  - Privacy
  - Always read an organization's certification / alliance statement carefully



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## SHMS TAKEAWAYS & TID BITS (1/3)

- Start Where You Are!
  - Reviews and gap analysis are your friend
  - If you know where to start, go there
  - SHMS frameworks aren't linear
- Work With What You Have!(!!)
  - Your stuff that you use, ~~fancy equipment, expensive systems,~~
  - How you meet requirements is up to you
  - Its in accordance with your needs, culture, complexity, goals etc.
  - Fit-For-Purpose



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## SHMS TAKEAWAYS & TID BITS (2/3)

- You Can Start Small
  - Even starting with one element will give momentum
  - Perhaps OSHA's RC > Formal consensus standard
  - Some progress is better than none
- Remember it's a System
  - What you do 'here', touches 'there'
    - That also works in your favor (*#winning*)
  - Adopt and maintain a holistic approach



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## **SHMS TAKEAWAYS & TID BITS (3/3)**

- Look for Opportunities to Integrate
  - SHMS implementation is not 'another thing to do'
    - Safety isn't another thing to do, is it?
  - Align the requirements with existing processes or activities
    - Safety and health, and business related
  - The wheel has already been invented
  - Ambassadors, stewards, sponsors, will be your friends
- Link to information document put in chat
  - Copy also given to Maralee and AI → newsletter



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Welcome to December 12<sup>th</sup> Meeting

Safety Management Systems:  
What, Who, How ... and more!

Thank you for your time and attention.

Are there any questions?